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### CHRONICLE BOOKS AUTHOR DR. MAO JOINS LEADING HEALTH WEBSITE YAHOO! HEALTH AS A CONTRIBUTING LONGEVITY AND SELF HEALING EXPERT

**San Francisco, CA (February 20, 2007):** Chronicle Books author Dr. Maoshing Ni (Dr. Mao, as he's known to his patients and readers) will join the community of health experts on Yahoo! Health (<http://health.yahoo.com>), a leading online resource for health and wellness information. The Yahoo! Health website receives approximately six million visitors per month, and hosts health and wellness contributors including Gabrielle Reece, Dr. Laura Berman, Joy Bauer and a wealth of other health experts.

Dr. Mao is the author of the best-selling book *Secrets of Longevity: Hundreds of Ways To Live To Be 100* from Chronicle Books. His new Yahoo! Health blog, also called "Secrets of Longevity," will share longevity, self-healing and wellness advice, including recipes and food tips, gathered during his twenty years of Taoist anti-aging health practice. Dr. Mao's Yahoo! Health blog will incorporate questions, topics and content from his own site [www.askdrmao.com](http://www.askdrmao.com), the Natural Health Search Engine ®, where Yahoo! Health readers can find further information about alternative and complementary medicine.

"I am honored to join Yahoo! Health's distinguished group of health experts," said Dr. Mao. "The ongoing success of the *Secrets of Longevity* book demonstrates how many people today are seeking alternative and complementary health treatments. The new blog will allow more and more people to find the wellness tools they need to live a long, healthy life."

Dr. Mao is an anti-aging expert, doctor of Chinese medicine and founder of both the Tao of Wellness and Yo San University of Traditional Chinese Medicine in Los Angeles. He has conducted extensive studies on the health practices of centenarians in China and throughout the world, and lectures internationally on topics including preventive medicine, longevity medicine, diet and nutrition, herbal therapy, stress management, integrative cancer care and tai chi. Dr. Mao is a member of the American Academy of Anti-Aging Medicine and the Acupuncture and Oriental Medicine Alliance.

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